# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

p Creighton House
organisation, what is its name?
inisation based?
Position:
Part time fundraiser
g
Charity, Charitable Incorporated Company or
company number:1059084

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Making London More Inclusive** 

Which of the programme outcome(s) does your application aim to achieve?

Work enabling disabled people of all ages to live independently

Disabled people actively taking part in the arts or sport

Please describe the purpose of your funding request in one sentence.

To provide funding for the project coordinator role for Learning Disability Outreach to foster Independent living for people with disabilities.

When will the funding be required? 01/09/2018

How much funding are you requesting?

Year 1: £35,000

Year 2: **£35,500** 

Year 3: £36,000

Total: £106,500

## Aims of your organisation:

We are a small charity with a big impact - for over 100 years.

Bishop Creighton House aims to help people live safe, healthy and independent lives tackling some of the problems caused by disadvantage and social isolation. We run a community centre and a range of projects in London for older people, people with learning disabilities and low income families with young children.

We aim to be the best we can. We are enthusiastic, love our work and want to make a real difference to peoples? lives. We have been previously shortlisted by The Guardian Charity Awards, cited as a top 5 charity nationally for innovation in older peoples? services by The King?s Fund, are expanding our projects into surrounding London boroughs; have been selected by Sainsbury?s and TSB as their local charity of the year and have, last month, been award the PQASSO quality standard.

# Main activities of your organisation:

We help a range of disadvantaged people to live independent lives:

- a) People who have learning disabilities? they face social isolation, poor health, lack of literacy, numeracy and other basic skills as well as a lack of confidence and opportunities (Mentoring Plus now Learning Disability Outreach)
- b) Older vulnerable people who are isolated with a lack family or other support and who are experiencing loneliness and lack of general care (Homeline)
- c) Older frail people who need rehabilitation ? following a fall/operation, they require further rehabilitation and on-going support (Keep Active)
- d) Low income families with young children? this is a child safety project to help reduce home accidents (Safer Homes)
- e) Physically disabled ? we make major adaptions to those with severe disabilities to enable them to remain independent longer

In all around 800-900 people benefit from these services.

f) In addition, 2,000 people a month use our Community Centre ? many small groups with limited resources

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	11	6	225

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### **Summary of grant request**

#### The need:

This project helps people with learning disabilities some of whom may also have physical disabilities, dysiexia, developmental disorders and special educational needs and who are referred to us from Social Services, GPs, families as well from other charities.

Because of the complex needs this group has, it is difficult for them to integrate within their communities, to develop skills, to secure employment and live independently. They are frequently socially excluded and isolated with few contacts outside their own family. In fact, we are sometimes the only contact they have outside professionals/families.

How the work will be delivered:

To reflect the next phase in the development of this project, precipitated by the changing needs in the community and gaps in local services, we are transitioning towards an outward looking project that will concentrate on reaching into the community to foster greater inclusion between people with and without disabilities. As a result we also want to change the name of the project to ?Learning Disability Outreach?. To oversee this change is the coordinator role (held currently by Joe Robins and supported by a support worker, literacy tutors and volunteer mentors) for which we are asking for a grant.

What our project will achieve:

We aim to change the lives of 100+ people with learning disabilities for the better by providing a caring environment where they can achieve their hidden potential, grow in confidence, be able to live more independently as well as increase their participation in arts. We also want to foster greater inclusion between local communities and people with learning disabilities.

Why we are the right organisation to deliver:

We deliver! And have have been meeting the needs of the community in west, London for over 100 years.

City Bridge Trust has recognised this by twice awarding us grants for two successful projects, one of which (Keep Active) has now expanded into two neighbouring boroughs.

Our project coordinator is experienced at successfully encouraging people into independent living as well as also being an advocate and disability champion.

How our project will meet the ?inclusion, independent living, and arts participation? outcome:

- ? Assess each person and draw up an outline plan to help them progress towards being able to live independently
- ? Develop dedicated workshops for all with disabilities in the community to build skills in areas such as budgeting or healthy eating and thereby encourage independent living
- ? Develop a choir pilot into a fun and creative arts programme for performers with and without disabilities to facilitate inclusion in the community, with arts partner This New

Continues overleaf

#### Continued from previous

Ground and the Bush Theatre/Lyric Hammersmith

- ? Match the individual with a mentor who helps them set goals and work towards achieving them eg, travelling independently
- ? Provide a literacy tutor who offers tutorials and workshops. Without being able to have a basic reading ability, the chance of inclusion and living independently is low
- ? Support people through the arduous process of job applying: a vital step towards employment and independent living

Meeting the 'Principles of Good Practice':

Our quarterly forum between volunteers, staff and people with disabilities helps shape the running, prioritisation and direction of the project

100% of supported people have a learning disability. We value the contribution that diversity brings with around 30% being from a BMER background. We appreciate our tireless volunteer mentors, from all over London, and provide them with training, on-going psychological support, forum participation and events that bring disabled and non disabled people together.

We have made a concerted effort to reduce our carbon footprint through recycling and improving energy efficiency in our building.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**PQASSO Level 1** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Develop effective and standardised advocacy and case work service with monitoring framework to help reduce barriers to independence through one-on-one support. Available to 100+ people with learning disabilities (LD) and 40+ people intensively helped each year involving 280 hours (Y1 - Y3).

Design, organise and facilitate a series of innovative independent living workshops - 8 to 12 per year with 40 - 60 expected to attend (Y1 - Y3) but available for 100+ people with learning disabilities and publicised for any in the community to attend who has a disability.

Develop a creative arts programme with arts partner This New Ground with the Bush Theatre and Lyric Hammersmith for participants with and without learning

Continues overleaf

#### Continued from previous

disabilities to include performance workshops 20 - 30 (Y1 - Y3) p/a, publishing the artists' experiences, 2 community performances and celebrate through producing a 5-part podcast-series.

Manage literacy and numeracy programme working with 2 literacy tutors who will run a) one-on-one weekly tutorials with Functional Skills goals set and b) larger skills focused workshops eg, navigating public transport solo / dealing with change. 30 - 40 to attend (Y1 to Y3).

Recruit, train and support 20 (Y1 - Y3) volunteer mentors for a pool of up to 50 mentors during the year to set goals for up to 50 people with LD (though open to 100) and help develop further their mentee and support their integration into the wider community.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for Individuals, families, communities or the environment.

Through problem solving, working with the individuals to be able to see a solution to the issue, support their ability to live independently or facilitate their move from dependence on others to transition to being more independent. We expect 70% success rate on solution solving.

Those who attend the workshops (50% Y1 - Y3) to have raised confidence level in their ability to either continue to live alone or to transition to living alone and therefore live a more independent life.

Through participation in arts to have developed new skills and confidence through artistic opportunity having been able to showcase a visible body of work and feel greater inclusion with disabled and non disabled participants and the community.

For those on the one-to-one literacy tutorials 80% to meet all their individual education plans objectives and 80% to achieve an increase of 1 level improvement in Functional Skills Assessment. For the workshops, 50% pass rate on numeracy test and literacy capability therefore increased capability to function in life.

60% - 70% (Y1 - Y3) of mentees with learning disabilities to achieve their personal goals as set by the volunteer mentor plus an increase overall in their quality of life as measured by the annual Quality of Life Survey.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes we do plan to continue. We have a good track record in raising funds although we can not pretend it's not a challenge for us as a small charity. We have already secured a base income of about 40-45% for next three years and will approach large and small trusts, have sponsorships and hold fundraising events for the remainder.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
100
100
In which Greater London borough(s) or areas of London will your beneficiaries live?
Hammersmith & Fulham (100%)
What age group(s) will benefit?
16-24
25-44
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salarles (2 FTE, 3PTE)	91,291	92,204	93,126	276,621
Training and volunteer expenses	737	745	752	2,234
Workshops and creative activities	4,000	4,040	4,080	12,120
Admin and IT	9,199	9,291	9,383	27,873
Fees subscriptions, events	4,030	4,069	4,110	12,209
Service charges	2,423	2,447	2,472	7,342
Room hire, literacy, finance, management	22,504	22,729	22,957	68,190
TOTAL:	134,184	135,526	136,881	406,591

# What Income has already been raised?

Source	Year 1	Year 2	Year 3	Total
LBHF LD Grant	54,000	54,000	54,000	162,000
John Lyon's Charity	7,083	0	0	0

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
No other funders are considering this proposal	0	0	0	0
Funders are considering other aspects of the project eg:	0	0	0	0
Bally Thomas	15,000	0	0	0
Hammersmith United Charity	8,000	0	0	0

TOTAL:	23,000	0	0	0	

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary cost for project co-ordinator role	35,000	35,500	36,000	106,500

TOTAL:	35,000	35,500	36,000	106,500	

## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:	
	March	2017	

Income received from:	£
Voluntary income	21,817
Activities for generating funds	46,364
Investment Income	63,459
Income from charitable activities	714,956
Other sources	3,441
Total Income:	850,037

Expenditure:	£
Charitable activities	731,978
Governance costs	23,124
Cost of generating funds	61,578
Other	0
Total Expenditure:	816,680
Net (deficit)/surplus:	33,357
Other Recognised Gains/(Losses):	11,116
Net Movement In Funds:	44,473

Asset position at year end	£
Fixed assets	1,111,474
Investments	1,656,634
Net current assets	330,614
Long-term liabilities	0
*Total Assets (A):	3,098,722

Reserves at year end	£	
Restricted funds	58,063	
Endowment Funds	0	
Unrestricted funds	3,040,659	
*Total Reserves (B):	3,098,722	

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

## Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%

## **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 14655

# **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	282,784	376,368	445,485
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

# **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Fulham Benevolent Society	0	0	26,000
Big Lottery Fund	33,971	24,365	9,785
LTSB Foundation Trust	13,933	16,484	1,383
John Lyons Trust	0	15,583	17,000
Henry Smith Charity	26,000	26,000	21,027

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Stephen Hoffman Womersley

Role within Part time fundraiser

Organisation:

Grant Ref: 14655